Gotta Har'em Ginger Snaps Recipe



Ingredients

1 Tbsp flax meal + 3 Tbsps water 1 3/4 C All Purpose Flour 2 inches grated fresh ginger 3/4 tsp baking powder 1/4 tsp baking soda 1/8 tsp salt 3/4 C sugar 6 Tbsps margarine 1/4 C molasses 2 tsps ground ginger 1 tsp orange zest 1/8 tsp ground cloves 1 Tbsp orange Juice 1 tsp ground cinnamon 1/4 C organic sugar [optional]

Don't let the number of ingredients deter you. These are my FAV cookies. If you don't have a mixer, well, Darling, I didn't have one for years. Let the margarine warm to room temperature and use a good wooden spoon to beat These do contain added fats, but a couple as an afternoon snack won't put you on the treadmill all night.

Method

- 1. Mix the flax meal and water together. Let sit for 10 minutes while gathering other ingredients.
- 2. Preheat oven 350 degrees F. Line cookie sheets with silicone sheets or lightly grease pans.
- 3. In a medium bowl, whisk the flour, baking powder, baking soda, salt and ground spices.
- 4. In a mixer, beat the margarine into the sugar. Add ginger, flax, water, molasses, zest and juice. Beat until mixed. Stir in dry ingredients in 2 separate batches until mixed.
- 5. If desired, mix the ¼ cup sugar and ½ teaspoon cinnamon in a small bowl.
- 6. Scoop 1 teaspoon of dough and roll into a ball. Place on cookie sheet, or roll in the cinnamon sugar mixture, then place on cookie sheet. Repeat filling the sheet.
- 7. Flatten with the bottom of a glass or other object.
- 8. Bake for 10 minutes. Bottoms should be slightly browned. For crisper cookies, leave on cookie sheet 2-3 minutes and place on cooling racks. For chewier cookies, remove from cookie sheet immediately and place on cooling racks.